

# Family agreement

A family agreement is a great way to start a conversation with your whole family about how you all use the internet, and discuss together how to behave in a positive way when online at home, at school, or at a friend's house etc. Bear in mind it is difficult to have complete control over your family's internet usage, however a family agreement is a great way to set clear expectations for positive and safe internet use.

## Top tips

- 1** Make sure that both adults and young people are open to changing their online behaviour as a result of your agreement.
- 2** Make sure your agreement works for your whole family and everyone is happy with it.
- 3** Review your agreement in the future to make sure it reflects the current needs and ages of your family.
- 4** Consider your tone - Are you focusing on negative behaviour or promoting positive behaviour?

## Starting questions

Who is this agreement for?

What do we use the internet for? (Favourite websites, apps and games)

Adult's use

Young people's use

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Why are we creating this family agreement?

# We agree to...

Eg, I will use kind words when online

Who is responsible for this?

Eg, We will all make sure we only post kind comments

Final thoughts

What happens if someone doesn't follow the agreement?

Eg, revisit the agreement and discuss how it was broken

How long will our agreement last for?

Eg, 6-12 months

How often will we review our agreement?

Eg, every time we download a new app or get a new device

# Signatures

Date: